

# ALPHONSE GAMBARDELLA JR

PRESENTS THE THIRD ANNUAL

# CONNECTICUT SHORELINE KARATE CHAMPIONSHIPS

KRANE RATED: AAAA PSKL RATED: ★★



**MAY 23, 2010 AT BRANFORD HIGH SCHOOL**

**185 EAST MAIN STREET BRANFORD, CONNECTICUT 06405**

**ALL COMPETITORS WILL RECEIVE A TROPHY**

Cash prizes for all adult grands  
Cash prizes for adult continuous fighting sponsored by

**OFF  
THE LINE**

FOR MORE INFORMATION PLEASE CALL  
AL GAMBARDELLA AT 203-468-7956  
EMAIL: [webmaster@dojoofmodernkarate.com](mailto:webmaster@dojoofmodernkarate.com)  
[www.dojoofmodernkarate.com](http://www.dojoofmodernkarate.com)

**CT SHORELINE KARATE CHAMPIONSHIPS TOURNAMENT DETAILS**  
**ALL COMPETITORS WILL RECEIVE AN APPRECIATION TROPHY**

**DATE:** SUNDAY, May 23, 2010

**LOCATION:** Branford High School,  
185 East Main Street  
Branford, CT 06405

**RATINGS:** KRANE AAAA  
PSKL ☆☆

**PRE-REGISTRATION DISCOUNT  
BY MAIL:**

**\$40-One event**

**\$50 -Two or more events**

**\*Special Pre-registration pricing for  
teams of 10 competitors or more**

**\$40-One event**

**\$45-Two or more events (By mail only)**

Money orders or checks must be received  
by **Monday, May 17<sup>th</sup> 2010**. Please mail  
to: CT Shoreline Karate Champs,  
PO Box 490, Branford CT 06405

**Make payable to:**

CT Shoreline Karate Champs.

**REGISTRATION DAY OF EVENT:**

7:30 AM Branford High School

\$50 for first event

\$10 for each additional event

**CASH ONLY on day of event**

NO refunds under any circumstances

**ELIMINATIONS:** All weapon divisions  
will begin at 9:00 AM sharp. Please be on  
time. The tournament will run straight  
through. NO refunds will be granted.

**SPECTATOR FEES:** \$10

Children under 5 years old free

**TOURNAMENT PROMOTER:**

Alphonse Gambardella Jr.

**TOURNAMENT COORDINATORS:**

Tony Cogliandro & Don Rodrigues

**EMT:** Ted Plamondon

(Medical Assistance, Taping and  
Mouthpieces)

**AWARDS:** 1<sup>st</sup> to 4<sup>th</sup> Place Trophies  
5<sup>th</sup> to 8<sup>th</sup> Finalist Medals

**LOCAL HOTEL:** HOLIDAY INN  
EXPRESS, 390 East Main Street, Branford  
CT, 203-488-4035

**RULES:** All Divisions KRANE Rules

**\*\*Face shields and chest protectors**

**required in all fighting divisions: Ages 17  
and under \*\***

**\*\*8 or 10oz. gloves required for  
continuous fighting divisions plus all  
other gear\*\***

**See [www.krane.org](http://www.krane.org) for all rules**

**CASH AWARDS For**

1. Women/Men Black Belt Forms  
Grand Champion - \$150
2. Women/Men Black Belt Weapons  
Grand Champion - \$150
3. **Sponsored by Team Off the Line**  
Women Black Belt Point Fighting  
Grand Champion - \$150
4. **Sponsored by Team Off the Line**  
Men Black Belt Point Fighting  
Grand Champion - \$150

**New this year**

Adult Continuous fighting sponsored by  
**Team Off the Line**. All first place winners  
will receive \$50. **There must be at least 3  
people in the division to receive prize  
money.**

**DIRECTIONS TO:**

Branford High School  
185 East Main Street  
Branford, CT 06405

1. **I-95 North:**

On I-95 North, take exit 54

At end of ramp (traffic light), turn  
right onto Cedar Street.

At the stop light, turn left onto Route  
1. At the second stop light (Global  
Gas Station) turn right onto East  
Main Street.

BHS is 1/2 block on the left.

2. **I-95 South:**

On I-95 South, take exit 55.

At end of ramp, turn right onto  
Route 1. Turn left at the 5th traffic  
light onto East Main Street (after  
Dunkin Donuts).

BHS is 1/2 block on the left.

# Connecticut Shoreline Karate Championships Registration Form

Please Pre-reg by May 17, 2010

Please mail to:

CT Shoreline Karate Champs  
PO BOX 490  
Branford, CT 06405

Make payable to:

CT Shoreline Karate Champs.

Name:	School Name:		
Address:	School Address:		
City:	State:	Zip:	Zip:
Rank:	School Telephone:		
D.O.B:	Telephone:	Instructor:	

## BLACK BELT DIVISIONS

WEAPONS	FORMS	FIGHTING	WEAPONS	FORMS	FIGHTING
9& UNDER (BOYS/GIRLS)	9& UNDER (BOYS/GIRLS)	9& UNDER (BOYS)	18-29 TRAD MEN	18-29 TRAD MEN	18-29 MEN (150LBS&UND)
10-11 TRAD (BOYS/GIRLS)	10-11 TRAD (BOYS/GIRLS)	9& UNDER (GIRLS)	18-29 OPEN MEN	18-29 OPEN MEN	18-29 MEN (160-179LBS)
10-11 OPEN (BOYS/GIRLS)	10-11 OPEN (BOYS/GIRLS)	10-11 (BOYS)	18-29 TRAD WOM	18-29 TRAD WOM	18-29 MEN (180LBS&OVER)
12-13 TRAD (BOYS/GIRLS)	12-13 TRAD (BOYS/GIRLS)	10-11 (GIRLS)	18-29 OPEN WOM	18-29 OPEN WOM	18-29 WOM (120LBS&UND)
12-13 OPEN (BOYS/GIRLS)	12-13 OPEN (BOYS/GIRLS)	12-13 (BOYS)	30-39 MEN	30-39 MEN	18-29 WOM (130LBS&OVER)
14-15 TRAD (BOYS/GIRLS)	14-15 TRAD (BOYS/GIRLS)	12-13 (GIRLS)	30-39 WOM	30-39 WOM	30-39 MEN
14-15 OPEN (BOYS/GIRLS)	14-15 OPEN (BOYS/GIRLS)	14-15 (BOYS)	40-49 MEN	40-49 MEN	30-39 WOMEN
16-17 TRAD (BOYS/GIRLS)	16-17 TRAD (BOYS/GIRLS)	14-15 (GIRLS)	40+ WOM	40+ WOM	40-49 MEN
16-17 OPEN (BOYS/GIRLS)	16-17 OPEN (BOYS/GIRLS)	16-17 (BOYS)	50+ MEN	50+ MEN	40& OVER WOMEN
		16-17 (GIRLS)			50& OVER MEN

Adult Only Continuous Fighting  
(AGES 18+, ALL RANKS)

- MEN 159 & UNDER  
 MEN 160-179  
 MEN 180 & UP  
 WOMEN 129 & UNDER  
 WOMEN 130 & UP

Number of Events \_\_\_\_\_ = \$ \_\_\_\_\_  
Total Enclosed \_\_\_\_\_ \$ \_\_\_\_\_

Please call Al Gambardella  
with questions 203-468-7956

## UNDER BLACK BELT DIVISIONS

WEAPON	FORMS	FIGHTING	WEAPONS	FORMS	FIGHTING
18-29 ALLRANKS MEN	18-29 BEGINNERS	18-29 BEG/INTER MEN	7& UNDER (BOYS/GIRLS)	5& UNDER (BOYS)	5& UNDER (BOYS)
18-29 ALLRANKS WOM	18-29 BEGINNERS WOM	18-29 ALLRANKS WOM	8-9 BEG (BOYS/GIRLS)	6-7 BEG (BOYS/GIRLS)	5& UNDER (GIRLS)
30-39 ALLRANKS MEN	30-39 ADVANCED MEN	18-29 ADVANCED MEN	8-9 INTER (BOYS/GIRLS)	6-7 BEG (BOYS)	6-7 BEG (BOYS)
30-39 ALLRANKS WOM	30-39 ADVANCED WOM	30-39 ALLRANKS MEN	8-9 ADV (BOYS/GIRLS)	6-7 INT (BOYS/GIRLS)	6-7 BEG (GIRLS)
40+ ALLRANKS MEN	40+ ALLRANKS MEN	30-39 ALLRANKS WOM	10-11 BEG (BOYS/GIRLS)	6-7 INT (BOYS)	6-7 INT (BOYS)
40+ ALLRANKS WOM	40+ ALLRANKS WOM	40+ ALLRANKS MEN	10-11 INTER (BOYS/GIRLS)	6-7 ADV (BOYS/GIRLS)	6-7 INT (GIRLS)
		40+ ALLRANKS WOM	10-11 ADV (BOYS/GIRLS)	6-7 ADV (GIRLS)	6-7 ADV (BOYS)
			12-13 BEG (BOYS/GIRLS)	8-9 BEG (BOYS/GIRLS)	6-7 ADV (GIRLS)
			12-13 INTER (BOYS/GIRLS)	8-9 BEG (BOYS)	8-9 BEG (BOYS)
			14-15 BEG (BOYS/GIRLS)	8-9 INT (BOYS/GIRLS)	8-9 BEG (GIRLS)
			14-15 INTER (BOYS/GIRLS)	8-9 INT (BOYS)	8-9 INT (BOYS)
			16-17 BEG (BOYS/GIRLS)	8-9 ADV (BOYS/GIRLS)	8-9 INT (GIRLS)
			16-17 INTER (BOYS/GIRLS)	8-9 ADV (BOYS)	8-9 ADV (BOYS)
			16-17 ADV (BOYS/GIRLS)	10-11 BEG (BOYS/GIRLS)	8-9 ADV (GIRLS)
				10-11 BEG (BOYS)	10-11 BEG (BOYS)
				10-11 INT (BOYS/GIRLS)	10-11 BEG (GIRLS)
				10-11 INT (BOYS)	10-11 INT (BOYS)
				10-11 ADV (BOYS/GIRLS)	10-11 INT (GIRLS)
				10-11 ADV (BOYS)	10-11 ADV (BOYS)
				12-13 BEG (BOYS/GIRLS)	10-11 ADV (GIRLS)
				12-13 BEG (BOYS)	12-13 BEG (BOYS)
				12-13 INT (BOYS/GIRLS)	12-13 BEG (GIRLS)
				12-13 INT (BOYS)	12-13 INT (BOYS)
				12-13 ADV (BOYS/GIRLS)	12-13 INT (GIRLS)
				12-13 ADV (BOYS)	12-13 INT (BOYS)
				14-15 BEG (BOYS/GIRLS)	12-13 ADV (GIRLS)
				14-15 BEG (BOYS)	12-13 ADV (BOYS)
				14-15 INT (BOYS/GIRLS)	14-15 BEG (GIRLS)
				14-15 INT (BOYS)	14-15 BEG (BOYS)
				14-15 ADV (BOYS/GIRLS)	14-15 INT (GIRLS)
				14-15 ADV (BOYS)	14-15 INT (BOYS)
				16-17 BEG (BOYS/GIRLS)	14-15 ADV (GIRLS)
				16-17 BEG (BOYS)	14-15 ADV (BOYS)
				16-17 INT (BOYS/GIRLS)	16-17 BEG (BOYS)
				16-17 INT (BOYS)	16-17 BEG (GIRLS)
				16-17 ADV (BOYS/GIRLS)	16-17 INT (BOYS)
				16-17 ADV (BOYS)	16-17 INT (GIRLS)
					16-17 ADV (BOYS)
					16-17 ADV (GIRLS)

PHYSICALLY CHALLENGED ALL AGES

### PLEASE READ AND SIGN BELOW

I, the undersigned, hereby release Alphonse Gambardella JR, The Dojo of Modern Karate LLC, Tony Cogliandro, Don Rodrigues, Ted Plamondon, KRANE Ratings Inc., PSKL, Branford High School, and all persons associated with event in any capacity, from liability due to injuries, etc., that I may incur as a result of my attendance and/or participation at the above specified event. Furthermore, I hereby waive any compensation whatsoever for the use of pictures, movies, media coverage etc., utilized by those associated with this event at any time. I clearly understand that the fighting aspect of this sport and competition involves bodily contact. I have read, understand and agree to abide by the rules associated with this event and assume all responsibility and any associated liability for mismanagement of such rules. Additionally, I am fully aware of my personal medical condition and hereby certify that I am mentally and physically fit to compete at said Connecticut Shoreline Karate Championships.

Signature of Competitor or Parent/Guardian (if under 18)

KRANE-AAAA/PSKL -  -CONTACT AL GAMBARDIELLA @ 203-468-7956

CT SHORELINE KARATE CHAMPIONSHIPS  
PO BOX 490  
BRANFORD, CT 06405  
ATTN: AL GAMBARDIELLA